



Community Nedley
Depression and Anxiety
Recovery Program™

Get your life back!

Learn how to:

- Identify depression and anxiety and their causes
- Improve your emotional intelligence
- Enhance your energy levels and mood
- Eat for optimal brain function
- Overcome addictions
- Manage stress
- Defeat depression and anxiety
- Achieve peak mental performance
- \$99 for 6 books and 8 Classes
- Every Monday Evening 6 - 8 PM
- Depression and Anxiety online exam before and after to identify your depression and anxiety level.

MON, AUG. 11, 2025

AT 6:00 PM

BETTER LIVING CENTER
531 FORGE MILL RD.
MORGANTON, GA 30560

QUESTIONS OR TO REGISTER: 770-328-4777

**Feel better, think clearer,
and live a healthier, happier life.**

Nedleyhealth.com