



diabetes UNDONE

— INTERACTIVE WORKSHOP —

1 in 3 Americans has diabetes or prediabetes.
That doesn't have to be your story.

Join Dr. Wes Youngberg, diabetes expert and author of *Goodbye Diabetes*, and Brenda Davis, world-renown author and plant-based dietician, as they guide you through a hope-filled 8-session video course to reverse diabetes and reclaim your health.

\$50 PARTICIPANT KIT INCLUDES:

- ★ Inspiring wellness talks
- ★ Expert advice
- ★ Group support
- ★ Cooking demos & samples
- ★ Diabetes Undone Workbook
- ★ Diabetes Undone Cookbook
- ★ 8 Laws of Health DVD
- ★ Access to online homework videos



JOIN US OPENING DAY, FEBRUARY 17 AT 6:00 PM

DATES

8 SESSIONS: FROM FEB. 17 THROUGH MAR. 14, 2022
6:00 pm to 8:00 pm

VENUE

BETTER LIVING CENTER
531 Forge Mill Rd., Morganton, GA 30560

CONTACT

JAN HOUSE
770-328-4777 jan.house07@gmail.com